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Index:

1	Executive Summary	4
2	Introduction	5
	2.1 Purpose, context and scope of this deliverable	5
	2.2 Intellectual Property (IP)	5
	2.3 PICASO Architecture	5
3	Requirements	7
	3.1 Use case 3a: Patient receives tasks to-do	7
	3.2 Use case 3b: Patient is presented overview of home monitoring measurements and self-recordings	8
	3.3 Use case 3c: Home monitoring measurements are out-of-expected range (e.g. blood pressure is above threshold)	10
	3.4 Use case 3d: Patient can adjust personal preferences.	10
4	Patient Dashboard functionality	12
	4.1 Devices and User Categories	12
	4.2 Dashboard User views.....	12
	4.3 Patient Dairy/Activity List	13
	4.3.1 PICASO Care Plans and the Dairy	13
	4.3.2 Symbols and actions used in the Dairy.....	15
	4.3.3 Reminders and Push Notifications.....	16
	4.4 The Measurement App	18
	4.5 Viewing observations.....	18
	4.6 Patient data by questionnaires	20
	4.7 Privacy and security.....	21
	4.8 User guidelines and support.....	21
5	Conclusions and Forthcoming Development	23
6	List of figures and tables	24
	Appendix 1: Sample screens: Italian and German	25
	Appendix 2: Questionnaires used in PCASO trials	27
	Appendix 3: PICASO app Privacy Policy	28

1 Executive Summary

This deliverable describes the updated (second) version of the PICASO Patient Private Cloud (PPC) demonstrator. The PPC includes the set of medical devices and the software components that implement the remote monitoring sub system of PICASO. The PPC would typically be deployed in a patient's premises but can also be mobile.

The default configuration of the PPC includes the following components,

- The PPC Gateway
- Monitoring devices
- PICASO software components
- Internet access via 3G/4G/LTE/WiFi

The PPC provides user interaction via the Patient Dashboard, a web/app based, device independent, user interface tool that displays patient health data and communications with health professionals. Patient data (administrative or clinical) is not persistently stored in the PPC, but held remotely in secure clinical environments, represented by the PICASO Carers Private Clouds.

This deliverable (D4.5) focuses on the Patient Dashboard part of the PPC Demonstrator.

2 Introduction

2.1 Purpose, context and scope of this deliverable

This document accompanies the Demonstrator software deliverable D4.5 and describes the configuration for the second version of the PICASO Patient Private Cloud (PPC). The PPC includes the set of medical devices and the software components that implements the remote monitoring sub system of PICASO. The PPC would typically be deployed in a patient's premises (usually at home) but can also be mobile (depending on the devices used).

The PPC is implemented in three deliverables,

- D4.1 – Sensor Network and WAN access point: implements the PPC gateway and device network.
- D4.4 – Second IoT Resource Management Subset: Implements the PPC software components and deployment.
- D4.5 – Second Version of the Patient Private Cloud: Implements the PPC Demonstrator (*this deliverable*).

For descriptions of the PICASO clinical trial protocols and progress, we refer to deliverables D8.7-8.

2.2 Intellectual Property (IP)

The different components of the Patient Private Cloud are subject to open source and commercial licences, which are subject to the licences reflected in the IP repository being created for the project.

2.3 PICASO Architecture

The PICASO architecture is cloud based meaning that the PICASO system functionality is distributed over a set of inter-related secured cloud environments, each of which runs a subset of the PICASO functional components. The cloud environments are agnostic to underlying hardware and operating systems technologies.

Work package 4 is devoted to the "Self-Management and Monitoring" functionality block. PICASO implements a number of services to allow for patients to be able to self-manage their diseases and monitor different vital signs under the supervision of formal as well as informal carers. This includes software for connecting home monitoring devices, accessing external cloud services and a Patient Dashboard for visualising vital signs and provide a diary for activities.

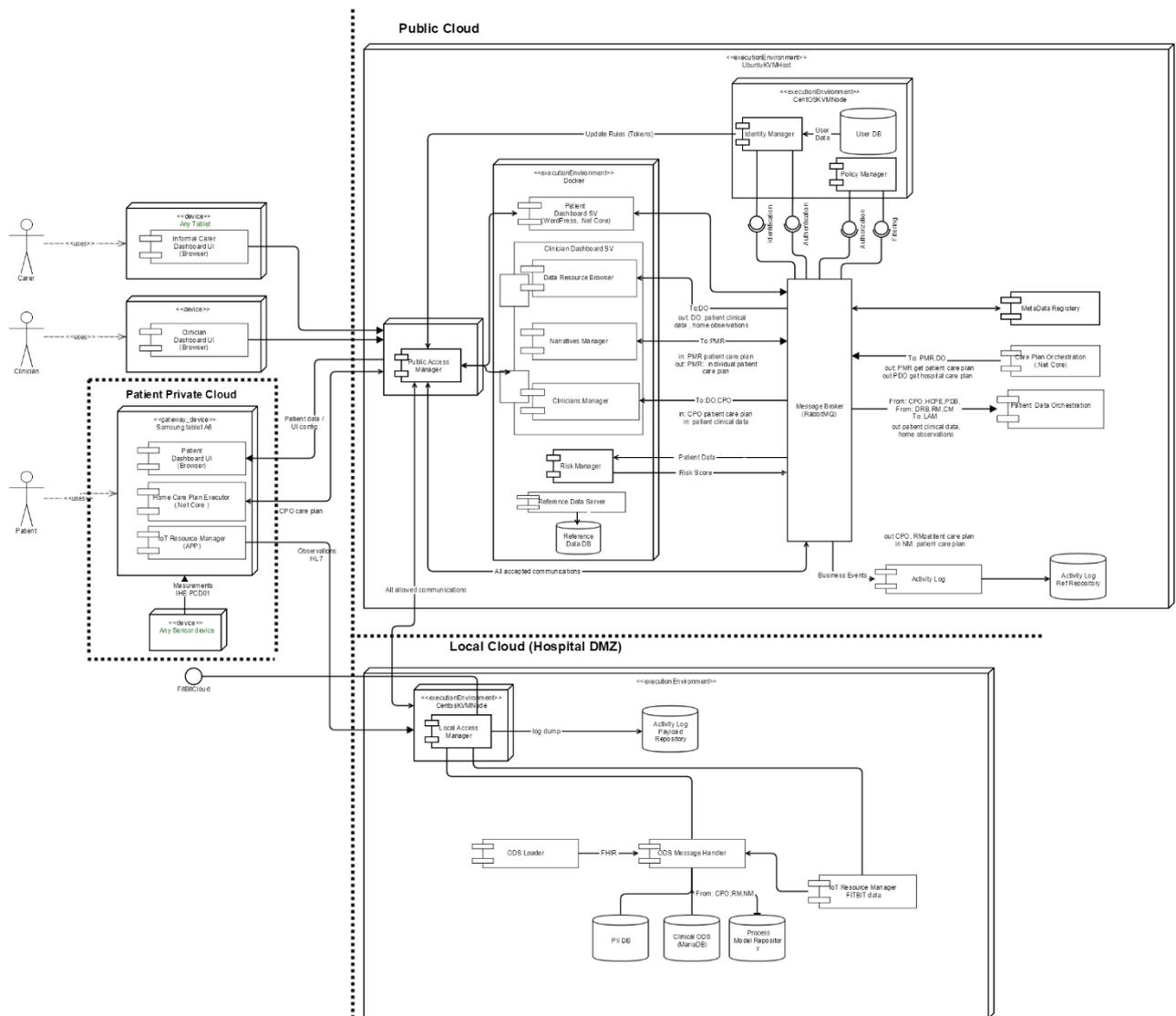


Figure 1: Component deployment diagram of the PICASO platform

The architecture diagram in Figure 1 shows the complete platform with the components deployed in the runtime cloud environments. The PPC is indicated on the left. In addition to the components inside the PPC in the figure, the Patient Dashboard configuration also includes a server-side component (Patient Dashboard SV).

3 Requirements

The following describes the set of PICASO requirements that pertains to the Patient Private Cloud. These are functional user requirements compiled from the requirements workshops involving project clinicians and patients as well as external advisors including the projects Ethical Board.

As a part of the requirements analysis and platform design process, a collection of “Significant use cases” was specified to cover the overall scenario for the PICASO clinical trials.

Below is the subset of Jira Requirements that pertains to the PPC, remote monitoring and the use of the Patient Dashboard, grouped under use cases. These use cases were developed during the trial requirements process including a series of end-to-end solution design workshops (c.f. corresponding deliverables in WP2).

3.1 Use case 3a: Patient receives tasks to-do

ID	Description	Rationale	Fit Criterion
PIC-16	PICASO provides a patient diary for self-recording of symptoms.	A recorded history of daily self-diagnostics is an important tool for RA patients in regard to self-assessment and discussion with, e.g., physicians.	A patient diary is available where patients can indicate affected joints on the body and record their daily level of pain on a 10 point rating scale.
PIC-46	PICASO provides a patient diary for self-recording.	A recorded history of daily self-diagnostics is an important tool for PD patients in regard to self-assessment and discussion with, e.g., physicians.	A patient diary is available where patients can record their daily well-being on a scale from 1 to 6. The recorded rating is presented to the user relative to the schedule for medication intake.
PIC-67	Patients are provided an overview of their daily tasks and progress of fulfillment.	Patients need to be informed on daily base about what tasks they are expected to fulfill, what tasks they have achieved already and which ones are open. This may also support motivation to achieve all tasks.	Patients are provided daily an overview of the tasks they are expected to achieve and their progress of fulfillment. In case PICASO cannot detect automatically when a task is fulfilled, the patients are asked to confirm by other means.
PIC-173	Patients should be able to document drug intake when differing from their defined medication plan.	In case patients' drug intake differs from the defined medication plan, e.g. because they have been advised to adjust the dose of a certain drug according to their well-being or decided to take in an additional drug, they shall be able to document this.	Patients shall be able to document drug intake when differing from the defined medication plan. The documented drug intake shall be stored and displayed along the medication history in relation to date and time of recording or as the user has specified the date/time, also when looking at the medication history in retrospective.
PIC-207	Patient provides informed electronic consent.	Particularly when asked to provide consent in an electronic form, i.e. without having the possibility to directly communicate with the professional asking for the consent, it should be ensured that a patient is providing an informed consent.	In order to provide informed consent on the Patient Dashboard about which formal/informal carers shall have access to a patient's health data during the user trials, information in text is available explaining the opt-in/opt-out procedure as well as what the consent encompasses.

PIC-113	Patients are provided constantly available material with instructions on how to use sensors, devices, and the applications on the Patient Dashboard.	For the trials patients need to have information constantly available, e.g., in form of a 'handbook', video clip or the like, on how to use properly sensors and device for the home monitoring platform and applications of the Patient Dashboard, e.g., for self-recordings.	Patients are provided constantly available material such as a handbook with instructions on how to use sensors and devices for home monitoring and applications on the Patient Dashboard properly.
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3.2 Use case 3b: Patient is presented overview of home monitoring measurements and self-recordings

ID	Description	Rationale	Fit Criterion
PIC-105	Patients need to be able to fill out questionnaires FFbH/HAQ and RADAI.	To monitor the development of RA disease, it is important that patients are able to fill out the questionnaires FFbH/HAQ and RADAI according to a set schedule.	Patients are able to fill out the questionnaires FFbH/HAQ and RADAI and are reminded to do so according to a schedule as defined by the RA specialist.
PIC-175	Patients need to be able to fill out the Morisky scale.	In order to estimate the risk of medication non-adherence patients have to be able to fill out the Morisky scale at a predefined time.	Patients are able to fill out the Morisky scale. They are asked to do so at a time predefined by a physician.
PIC-176	Patients should be presented an integrated view on drug intake, activity, and well-being ratings also in retrospective.	Patients should be supported in understanding/judging about their health status particularly by looking at it in retrospective. This is an important part of patient empowerment.	Patients should be presented an integrated view on drug intake, outcome of home monitoring measurements and well-being ratings. Patients shall be able to see historical data for activity values (e.g. walking distance), drug intake and well-being ratings. For both views it shall be possible to show/hide certain information types, e.g. activity results or well-being ratings to ease overview.
PIC-177	Patients should be presented an integrated view on drug intake, activity, and well-being ratings also in retrospective.	Patients should be supported in understanding/judging about their health status particularly by looking at it in retrospective. This is an important part of patient empowerment.	Patients should be provided an integrated view on their drug intake, outcome of home monitoring measurements and self-recordings unless it is marked in the patient's care plan that a certain measurement or self-recording shall not be presented (see PIC-208). The integrated view on home monitoring measurements and self-recordings shall be offered in a graph, e.g., as on the Clinician Manager, but also in a

			simplified version meaning that all results are presented in a table and measurements out-of-expected range are indicated, e.g., in bold. Drug intake shall be presented above or below the mentioned table/graph, so patients can easily relate medication intake and results of their measurements and recordings. For this purpose time period selected for measurements and recordings will also be applied to the recorded history of drug intake.
PIC-202	When presenting an integrated view on results from, e.g., home monitoring and self-recordings to patients it shall be possible to hide/show certain types of results, e.g. heart rate measurements.	In order to ease overview for patients when looking at an integrated view of results from different home monitoring measurements, self-recordings etc., it needs to be possible to hide and show any of the presented data types such as heart rate measurements or well-being ratings.	In an integrated view for patients on results from, e.g., home monitoring and self-recordings, it is possible to hide/show types of results such as heart rate measurements and/or well-being ratings.
PIC-203	An optional alternative view shall be provided for patients when presented a complex integrated view on results from, e.g., many different home monitoring measurements and self-recordings.	Rationale: Integrated views on personal health data are an important source of information for patients, because it allows them to understand correlations between different health parameters and their well-being. However such integrated views can be rather complex when presented for instance in one graph and thus might impede comprehension. In such cases it is necessary to provide an optional simplified version. A design solution for this purpose could be for instance to condense the information from the integrated graph into a table and only indicate measurements out-of-expected values by a red dash while showing pain ratings and drug intake as recorded by the patient. Such a view will support patients in understanding, e.g., correlations between drug intake, activity and pain.	If more than 4 different types of patient data from self-recordings (e.g. drug intake differing from medication plan, pain ratings) and home monitoring measurements (e.g., blood pressure, heart rate, step counter) are presented in an integrated view for patients, an optional simplified version shall also be provided.

3.3 Use case 3c: Home monitoring measurements are out-of-expected range (e.g. blood pressure is above threshold)

ID	Description	Rationale	Fit Criterion
PIC-98	Information must be available for patients providing explanations and advice on what to do, if home monitoring presents out-of-expected-range measurements to patients.	In order to avoid patients becoming afraid about their health status in case out-of-expected-range measurements are highlighted to them, information material has to be presented providing explanation of the situation and advice on what to do.	Information is presented to patients in case out-of-expected-range measurements are highlighted to them providing an explanation of the situation and advice on what to do.
PIC-106	Graphical presentation of a patient's sensor platform measurements indicates out-of-expected-range incidents.	In the graphical presentation of a patient's sensor platform measurements, measurements above/below defined thresholds are highlighted, e.g., by a line representing the maximum/minimum expected measurement, also when presented in combination with patient's self-recordings (see PIC-45).	Measurements of vital parameters below or above defined thresholds need to be indicated to patients to inform them about out-of-expected-range incidents.

3.4 Use case 3d: Patient can adjust personal preferences.

ID	Description	Rationale	Fit Criterion
PIC-15	PICASO provides an adaptable reminder system for patients and/or carers.	Patients should have the option to receive reminders for, e.g., proper medication intake, doing home monitoring measurements and/or self-recording of symptoms.	Reminders as defined by patients, physicians or therapists are related to, e.g., the medication plan, home monitoring measurements and/or patient diary of the patient. In addition to date and time, the mode of presentation (text, image, sound) can be selected.
PIC-174	Patients should be able to create a 'leave of absence' message during the user trials.	In case patients participating in the user trials will not be able to use the home monitoring platform, because they are, e.g., on vacation, they should be able to send a 'leave of absence' message to PICASO indicating the period of time they will be away, so clinicians are informed about why no data are coming in from this patient and for how long this will be.	Patients participating in the user trials are able to create a 'leave of absence' message indicating the period of time they will be absent.
PIC-205	Patient can choose not to	When a patient has taken a measurement which is then transferred	A "delete" option is available in the PICASO App. The option is

	<p>send a measurement.</p>	<p>automatically to the PICASO App, e.g. weight and blood pressure, the patient should have the option in the App to "not send" or "delete" the data to the patient dashboard. This functionality is useful in case other people use the device to take a measurement; the patient must therefore be able to delete it so that it doesn't become confused with the patient's own data.</p>	<p>displayed next to the "send" option.</p>
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4 Patient Dashboard functionality

4.1 Devices and User Categories

The Patient Dashboard is deployed on a local gateway in the PPC. For the PICASO Trials a tablet PC has been selected.

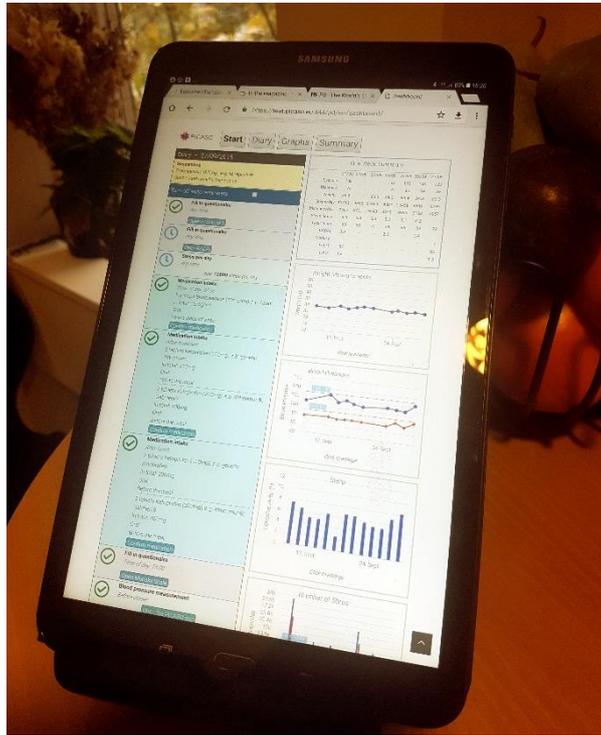


Figure 2: PPC gateway tablet

We refer to Deliverable D4.1 for details on the PPC gateway and the associated devices. The Patient Dashboard will in addition to patients also be used by informal carers, i.e., non-professional carers such as relatives or friends.

For privacy purposes, patient users will be able to restrict access for informal carers to the dashboard contents. Informal carers may access the dashboard over the web from other devices rather than the PPC gateway (tablet). However, the measurement app and the remote monitoring devices, can only be used from the PPC gateway since this requires a local installation of the IoT Resource Manager and the corresponding measurement app.

4.2 Dashboard User views

The Patient Dashboard UI supports multiple languages (currently Italian, German and English), this also applies to the user guidelines and patient information.

The following UI screen shots are in English.



Figure 3: Patient Dashboard start screen

A patient user of the Dashboard or an informal carer (subject to authorization) can easily navigate between the different views of the Dashboard. Strictly speaking the “Dashboard” refers to the Start screen which combines the Dairy and all measurements in a single page overview. However, in order to improve readability and prepare for future extensions, several page views were introduced, projecting the same content but in different detail and time resolutions.

4.3 Patient Dairy/Activity List

4.3.1 PICASO Care Plans and the Dairy

The Patient Dairy is a list of scheduled activities for a patient. The activities and schedule are generated from the PICASO care plans, created and maintained with the Care Plan Manager component in the Clinicians Dashboard (see Deliverable D7.6). PICASO care plans are represented in the FHIR format, an interoperability standards framework created by HL7¹.

¹ <https://www.hl7.org/fhir/summary.html>

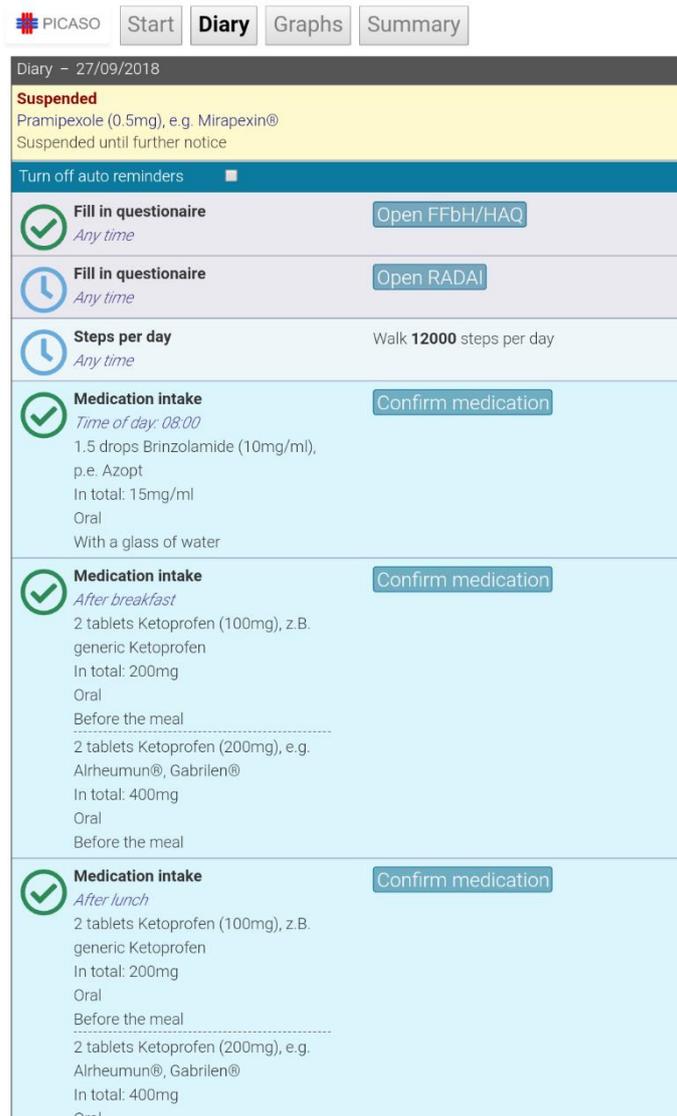


Figure 4: Dairy rendered from a PICASO FHIR care plan

The Dairy example (Figure 4) shows the scheduled actions for a specific patient on a particular date (today's date).

The first entry is a recommendation for daily physical exercise, followed by two actions for blood pressure and weight measurements respectively. The "After Breakfast" actions include the completion of two different questionnaires: RADA1 and FFbH/HAQ (explained below). A "Medication Intake" is to be done before lunch, and has a corresponding Confirmation action for user input. The last entry in this Dairy is a scheduled doctors appointment.

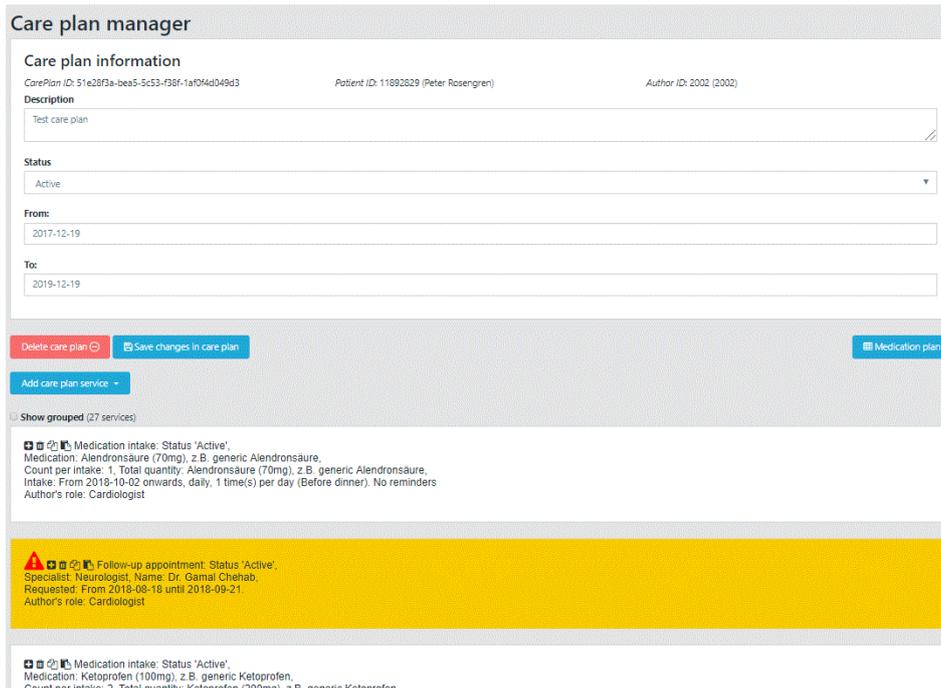


Figure 5: A Care Plan specification

The clinicians view of a Care Plan specification is shown in Figure 5 in the Care Plan Manager user interface.

4.3.2 Symbols and actions used in the Dairy

The Dairy contains a small set symbols associated with tasks and appointments, for attention and information.

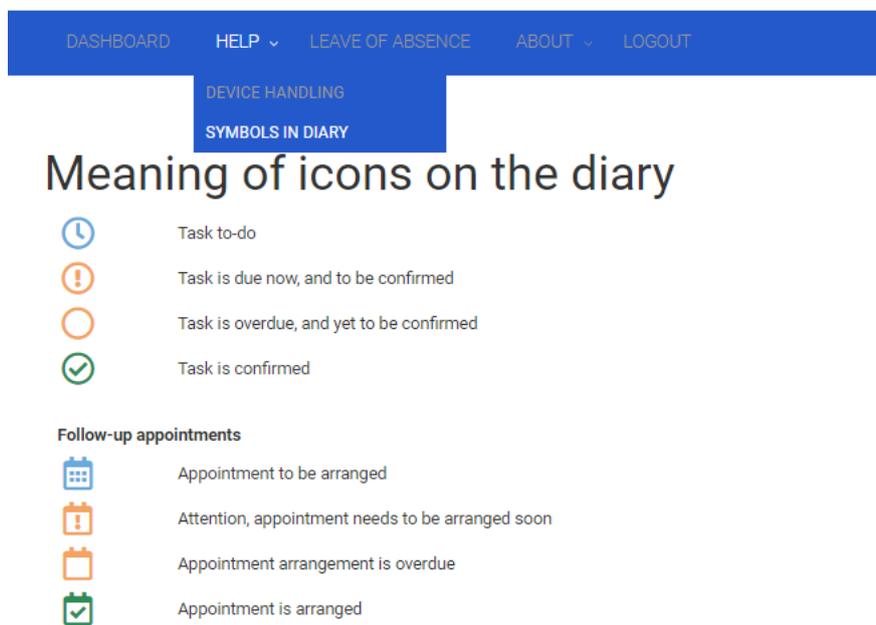


Table 1: Symbols in the Patient Dairy

Most actions may be associated with reminders which can be automatically issued to the patient.

4.3.3 Reminders and Push Notifications

The reminders are specified in the Clinician Dashboard. The reminders will appear on the Patient Dashboard when a scheduled action (such as measurements, questionnaires, medication intakes) is approaching, is due or has recently passed.

Reminder

Reminder - time is running out

Time: After lunch

Take your medicine
 5 tablets Ketoprofen (100mg), z.B. generic Ketoprofen
 In total: 500mg
 Oral
 Before the meal

Take your medicine
 2 tablets Ketoprofen (200mg), e.g. Alrheumun®, Gabrilen®
 In total: 400mg
 Oral
 Before the meal

Questionnaire

Confirm medication intake

Have you taken your medication(s) in prescribed dose and foreseen intake time?

Yes
 No

Questionnaire

Confirm medication intake

Have you taken your medication(s) in prescribed dose and foreseen intake time?

Yes
 No

Please record changes in dose taken and/or intake time and reason why.

Differing dose taken: If you have taken a medication in a differing dose, change value of field accordingly.
 If you have not taken a medicine at all change value to 0.

Medication	Differing dose taken	Differing intake time	Reason
5 tablets Ketoprofen (100mg), z.B. generic Ketoprofen	<input type="text"/>	<input type="text"/>	<input type="text"/>
2 tablets Ketoprofen (200mg), e.g. Alrheumun®, Gabrilen®	<input type="text"/>	<input type="text"/>	<input type="text"/>

Figure 6: Medication intake reminder and confirmation pop-ups with option to record deviations

Reminders are issued for those actions associated with a certain time interval during the day, not for actions which can be performed anytime.

- Time intervals are expressed in relation to meals, which are associated to the corresponding hours (see Table 2).

- The time intervals are very broad. Meal intake varies among individuals and may depend on culture. Thus the time intervals will be configurable.

Table 2 summarizes the reminder scheme for the Patient Dashboard.

FHIR Code	Meaning	Part of Day	From Hour	To Hour	Order No
ACM	Before breakfast	Morning	4	11	1
CM	During breakfast	Morning	4	11	2
PCM	After breakfast	Morning	4	11	3
ACD	Before lunch	Midday	11	15	4
CD	During lunch	Midday	11	15	5
PCD	After lunch	Midday	11	15	6
ACV	Before dinner	Afternoon	15	20	7
CV	During dinner	Afternoon	15	20	8
PCV	After dinner	Evening	15	24	9

Table 2: Reminder scheme

In the current demonstrator set-up, reminders are triggered 1 hour before an action is due. The reminder is only shown once, per day and action. Thus, if blood pressure measurements are scheduled for three times a day, at most three reminders will be triggered. We refer to the Clinician Dashboard and the Careplan Manager tool for the different options available to a clinician when setting up reminders.

For details on the functionality and specification of care plan reminders, we refer to the Care Plan Manager in the Clinician Dashboard.

Push Notifications are used as a complement to the regular reminders. Whereas the latter require the Patient Dashboard application (web browser) to be open(ed) on the user tablet device for the user to be alerted, Push Notifications can be sent to alert a user device regardless of this.

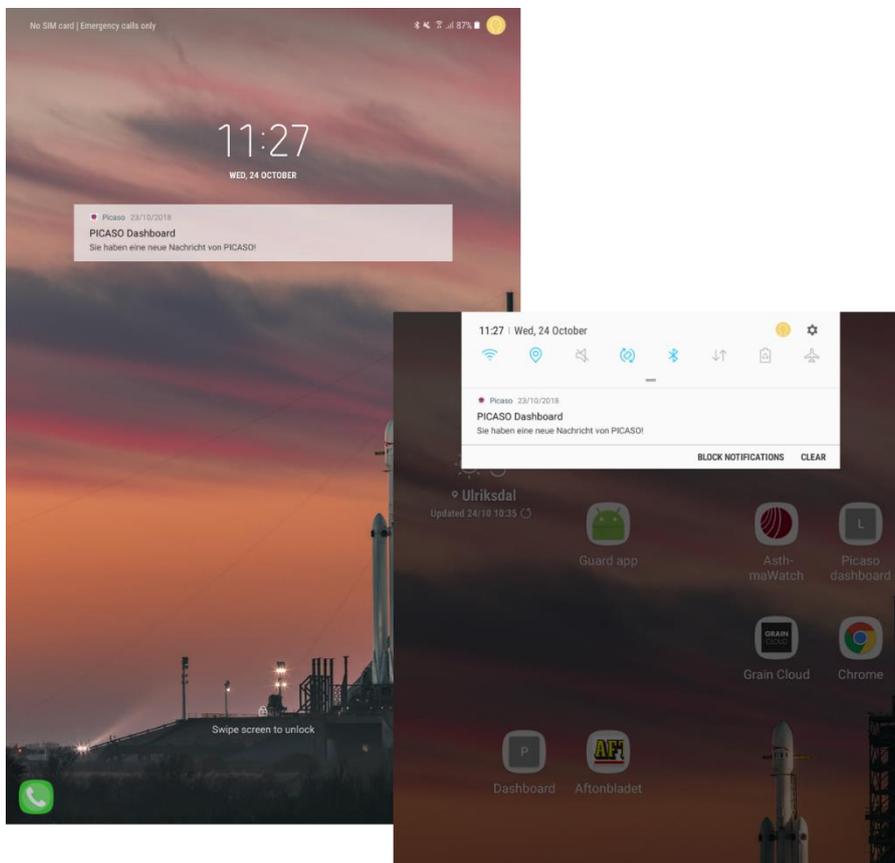


Figure 7: Push notifications on a user Android tablet device.

The current notification solution can be used with Android tablet devices and is based on the Google Cloud Messaging service Firebase² (see the accompanying Deliverable D4.4 for technical details).

4.4 The Measurement App

The Patient Dashboard is associated with a separate app³ which is used to obtain the measurements from the wirelessly connected devices.

The Measurement app is launched from the Dairy, by the user selecting a measurement activity entry.

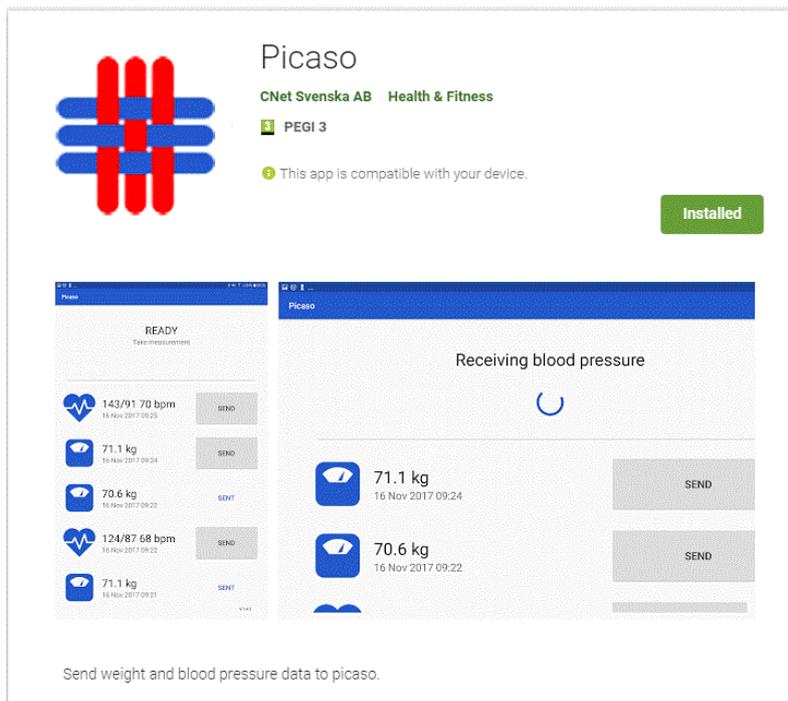


Figure 8: PICASO app (Google Play⁴ screen capture)

Note that observations from the activity monitoring device (FitBit) are retrieved (pseudonymized) from an external cloud service. See Deliverable D4.1 for details on device connectivity and the measurement app.

4.5 Viewing observations

The Dashboard views provide alternative visualizations of the patient's observation data (measurements), individually and in an integrated summary.

² <https://firebase.google.com/>

³ This app implements the IoT Resource Manager component, see D4.4.

⁴ <https://play.google.com/store/apps/details?id=se.cnet.picasoble>



Figure 9: Main observation graphs page

The main Graph page shows the diagrams for all monitored observation types. The current observation types include: weight, blood pressure, sleep hours, number of steps/day with distance, and, heart rate.

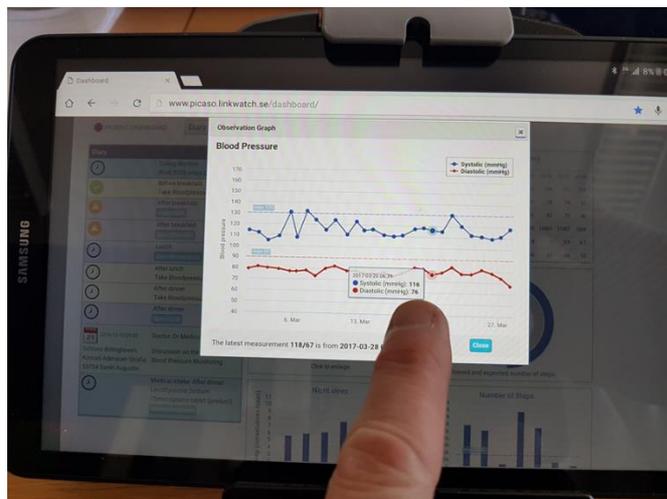


Figure 10: Enlarged view of blood pressure graph

By selecting (pointing at) a specific graph, an enlarged version will be displayed which can be used to browse the individual data points.

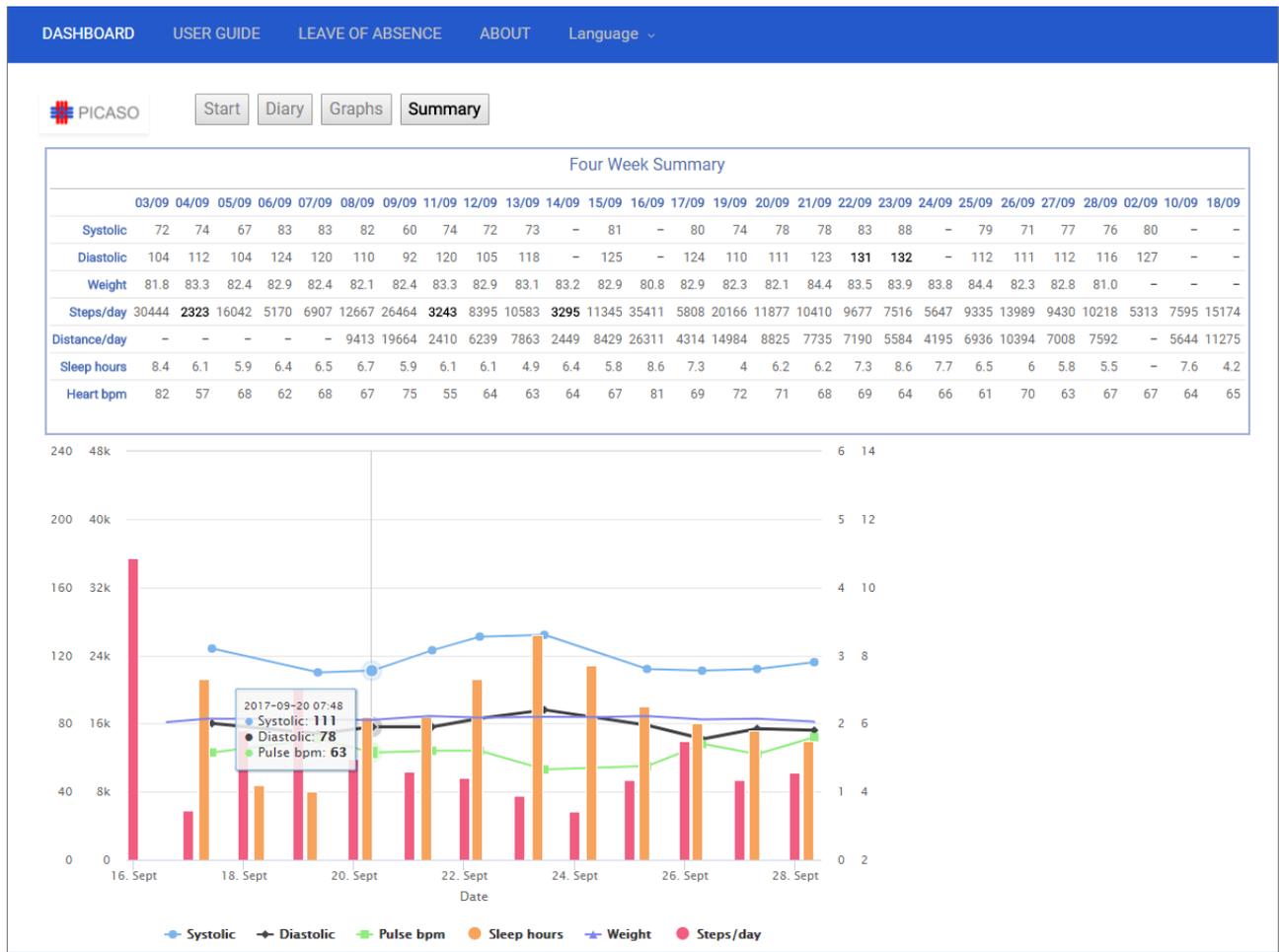


Figure 11: Summary page with Integrated view

The choice of which graphs and measurements to display is dependent on the clinicians choice. Thus in certain cases only a subset of the observation types monitored, will be shown on the Patient Dashboard. The full set will however be available to the clinician in the Clinician Manager user interface (see Deliverable D5.4).

4.6 Patient data by questionnaires

The main objective of the Patient Private gateway in combination with the Patient Dashboard is to give carers and patients an efficient way to monitor vital signs using the various types of medical and well-being devices (c.f. Deliverable D4.1).

However, in order to provide additional data acquisition capabilities, the PICASO platform also allows carers to collect patient data via different types questionnaires. Questionnaire fill-out is scheduled as one type of activity in the Dairy of the Patient Dashboard.

When a patient has completed and submitted a questionnaire, it will be transferred to the back-end clinical system (carers private cloud and the ODS), for display in the Clinician Dashboard. Questionnaire meta data includes the context in which it was filled out which is either the patients or the carers premises.

The structure and contents of questionnaires range from fairly complex multiple-choice forms, to fairly simple input frames (Figure 12).

Questionnaire

Morisky Scale UDUS

Name	Date of birth.	Date
Picasa Demon	17-09-1975	14-09-2017

In answering the following questions, please refer to your medication which your doctor has prescribed for you to take regularly and which you take as a tablet.

- Do you sometimes forget to take your medication? Yes No
- Are you sometimes careless when taking the medication? Yes No
- If you feel better, do not you take medication? Yes No
- If you feel worse after taking the medicine, do you stop taking it? Yes No
- Do you sometimes have problems remembering to take your medication? Yes No

Figure 12: A questionnaire for recording medication compliance

The computed questionnaire results (see appendix) are made available to clinicians for subsequent analysis, e.g., by plotting questionnaire results in combination with other collected patient data. Clinicians may also decide to make questionnaire results available in the Patients Dashboard.

The different types of questionnaires implemented in the first PICASO trial are described in the appendix.

4.7 Privacy and security

In order to comply with the requirements on privacy and ethical guidelines, patient data is not stored persistently on the Patient Private Gateway device (tablet), and is protected when in transit.

Further, all data are pseudonymized, in that PICASO system-generated PICASO patient IDs (tokens) are used to represent actual users. The mapping between such IDs and actual individual patients is maintained in the secured Carers (hospital) Private Clouds.

The following devices and data paths are pseudonymized and protected:

Data from monitoring devices

- BT Connected devices
- Cloud based devices, like the FitBit activity monitor

Manual input by patients/informal carers,

- Questionnaires
- Acknowledgement of reminders

The publicly downloadable PICASO app⁵ is associated with a privacy policy (see appendix) as required by the service provider.

4.8 User guidelines and support

The Dashboard top menu bar provides access to on-line user guides and contact data for personal support. The guides are presented in the form of instructional videos complemented by fact documents.

⁵ <https://play.google.com/store/apps/details?id=se.cnet.picasoble>

DASHBOARD USER GUIDE LEAVE OF ABSENCE ABOUT Language

User Guide

Overview

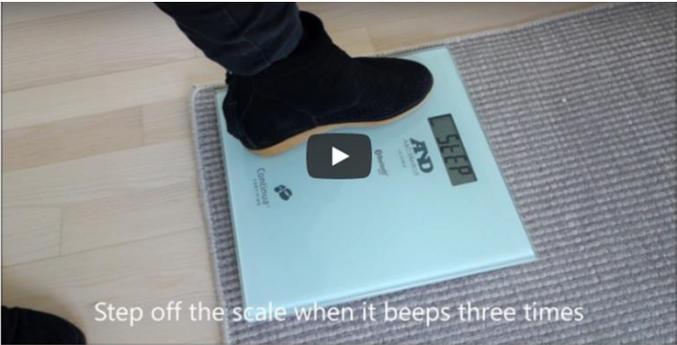
How to use the measurement devices and the PICASO Measurement App and Dashboard

Bloodpressure Measurement Demo

Have a look at this:



Press the start button



Step off the scale when it beeps three times

PICASO Dashboard

How to use the dashboard:



patientdashboard Questionnaire

Was sind Ihre gewöhnlichen Aktivitäten (z.B. Gehen, Treppensteigen, Sport, etc.)?

7. Können Sie sich von Kopf bis Fuß waschen und abtrocknen?

8. Können Sie sich bücken und einen leichten Gegenstand (z.B. ein Gebäckstück oder zerbröckeltes Papier) vom Fußboden aufheben?

9. Können Sie sich über einem Waschbecken die Haare waschen?

10. Können Sie 1 Stunde auf einem ungepolsterten Stuhl sitzen?

11. Können Sie 30 Minuten ohne Unterbrechung stehen (z.B. in einer Warteschlange)?

12. Können Sie sich im Bücken aufsteigen?

13. Können Sie Strümpfe anziehen?

14. Können Sie im Sitzen einen kleinen heruntergefallenen Gegenstand (z.B. eine Münze) neben Ihrem Stuhl aufheben?

15. Können Sie einen schweren Gegenstand (z.B. einen gefüllten Kasten Mineralwasser) vom Boden auf den Tisch heben?

16. Können Sie sich einen Wintermantel an- und ausziehen?

17. Können Sie ca. 100 Meter schnell laufen (nicht gehen), etwa um einen Bus zu erreichen?

18. Können Sie öffentliche Verkehrsmittel (Bus, Bahn usw.) benutzen?

Please make sure that you have answered all questions.

Submit Submit

Watch later Share

Figure 13: Instructional videos for measurements

For the PICASO trials all video and document materials are available in the users' native language.

5 Conclusions and Forthcoming Development

The current version of the Patient Private Cloud is subject to validation within the first PICASO clinical trial. Future work will address new requirements and change requests as a result of the user trial, as well as yet unresolved requirements in the JIRA database.

Currently known future efforts are in the following subjects,

- Elaboration of Informal Carers interface including access restrictions
- Device management by carers/administrators

6 List of figures and tables

Figure 1: Component deployment diagram of the PICASO platform	6
Figure 2: PPC gateway tablet.....	12
Figure 3: Patient Dashboard start screen.....	13
Figure 4: Dairy rendered from a PICASO FHIR care plan	14
Figure 5: A Care Plan specification	15
Figure 6: Medication intake reminder and confirmation pop-ups with option to record deviations	16
Figure 7: Push notifications on a user Android tablet device.	18
Figure 8: PICASO app (Google Play screen capture).....	18
Figure 9: Main observation graphs page	19
Figure 10: Enlarged view of blood pressure graph.....	19
Figure 11: Summary page with Integrated view	20
Figure 12: A questionnaire for recording medication compliance	21
Figure 13: Instructional videos for measurements	22
Table 1: Symbols in the Patient Dairy	15
Table 2: Reminder scheme	17

Appendix 1: Sample screens: Italian and German

The language adaptations in PICASO have been developed by the projects' clinicians in collaboration with the UI designers.

PANELLO DI CONTROLLO AIUTO ▾ ASSENZE INFO ▾

Start

Diario
Grafici
Riassunto

Diario - 04/10/2018

Disattiva i promemoria automatici

✓

Assunzione dei farmaci

Ora del giorno: 07:30

1 capsula Pantoprazolo (40mg), p.e. Pantorc

In tutti: 40mg

Orale

A stomaco vuoto

Confermare il farmaco

✓

Compila il questionario

Ora del giorno: 08:00

Aprire Scala del benessere

✓

Misurazione del peso

Al mattino

Apri l'app PICASO

✓

Assunzione dei farmaci

Al mattino

1 capsula Pantoprazolo (40mg), p.e. Pantopan

In tutti: 40mg

Orale

Con un bicchiere d'acqua

Confermare il farmaco

!

Assunzione dei farmaci

Dopo la prima colazione

1 soluzione orale Acido acetilsalilico (300mg) / magnesio e alluminio idrossido (80mg), p.e. Ascriptin

In tutti: 300mg / 80mg

Orale

A stomaco vuoto

1 capsula Melevodopa (25mg) / carbidopa (100mg), p.e. Sirio

In tutti: 25mg / 100mg

Orale

1 capsula Metformina (500mg), p.e. Metforal

In tutti: 500mg

Orale

Dopo i pasti

Confermare il farmaco

Misura del peso

Clicca per ingrandire

Riassunto settimanale

	28/09	29/09	30/09	01/10	02/10	03/10	04/10
Peso	53.0	53.3	-	42.3	53.2	-	53.3
Passi al giorno	7192	13291	11448	14431	150	-	-
Distanza al giorno	5528	10202	8794	11087	114	-	-
Ore di sonno	4.3	5.1	2.6	6.2	-	-	-

Sonno

Clicca per ingrandire

Numero di passi

Clicca per ingrandire

Frequenza cardiaca - media/ora

Clicca per ingrandire

Benessere

Clicca per ingrandire

Document version: 1.0

Page 25 of 29

Submission date: 2018-11-02

DASHBOARD
HILFE
ABWESENHEIT
ÜBER
ABMELDEN

Start

Tagesübersicht

Einzelsicht

Gesamtansicht

Tagesübersicht - 05.10.2018

Deaktivieren Sie automatische Erinnerungen

Fragebogen ausfüllen
Jederzeit

RADAI öffnen

Schritte pro Tag
Jederzeit

Bitte gehen Sie **12000** Schritte am Tag

Medikamente einnehmen
Tageszeit: 08:00

1.5 Tropfen Brinzolamide (10mg/ml), p.e. Azopt
Insgesamt: 15mg/ml
Oral
Mit einem Glas Wasser

Medikamente bestätigen

Medikamente einnehmen
Nach dem Frühstück

2 Tabletten Ketoprofen (100mg), z.B. generic Ketoprofen
Insgesamt: 200mg
Oral
Vor dem Essen

2 Tabletten Ketoprofen (200mg), e.g. Alrheumun®, Gabrilen®
Insgesamt: 400mg
Oral
Vor dem Essen

Medikamente bestätigen

Medikamente einnehmen
Nach dem Mittagessen

2 Tabletten Ketoprofen (100mg), z.B. generic Ketoprofen
Insgesamt: 200mg
Oral
Vor dem Essen

2 Tabletten Ketoprofen (200mg), e.g. Alrheumun®, Gabrilen®
Insgesamt: 400mg
Oral

Gewicht

Klicken um zu vergrößern

Übersicht - eine Woche

	29.09	30.09	01.10	02.10	03.10	04.10	05.10
Systolisch	-	112	112	123	117	120	119
Diastolisch	-	72	82	79	79	84	80
Gewicht	-	83.5	84.3	84.2	84.2	83.4	83.0
Schritte/Tag	43145	5237	4140	4211	3055	4885	3383
Entfernung/Tag	32060	3893	3078	3126	2262	3623	2509
Schlafstunden	-	5.5	5.3	5.5	5.8	5.9	-
Herzschlag/min	84	70	58	58	56	59	59
Wohlbefinden	-	-	-	-	-	-	3
RADAI	-	4.4	-	-	6.8	-	7.6
Morisky	-	-	-	-	7	-	7
FFbH	-	69	-	-	58	-	-
HAQ	-	1.2	-	-	1.5	-	-

Blutdruck

Klicken um zu vergrößern

Schlaf

Klicken um zu vergrößern

Anzahl Schritte

Klicken um zu vergrößern

Herzfrequenz - Durchschn./Stunde

Klicken um zu vergrößern

Wohlbefinden

RADAI

Appendix 2: Questionnaires used in PCASO trials

The following questionnaire types have been selected and specified by the clinical partners of PICASO for use in the trials:

- FFbH/HAQ – Assessment of functional capacity for RA patients.
- RADAI-5 – Calculation of disease activity categories for RA patients.
- Morisky Scale – Medication Compliance for PD and RA patients.
- Well-being – Self-assessment of well-being for PD patients.

Once completed and submitted by a patient, the full questionnaire content is transferred to the carers private cloud and stored in the ODS, together with a calculated overall result (if applicable). Calculation of results per questionnaire type is as follows:

- FFbH

$$FFbH = \text{Functional capacity (\%)} = \frac{\text{points scored} \times 100}{2 \times \text{number of valid responses}}$$

Interpretation shall be provided in the legend as follows:

FFbH: Functional capacity (%)

- HAQ value has to be calculated from FFbH result:

$$HAQ = 3,16 - 0,028 \times FFbH$$

Interpretation shall be provided in the legend as follows:

HAQ: Functional limitation (0 to 3.0)

0 to 1: Mild to moderate

>1 to 2: Moderate to severe

>2 to 3: Severe to very severe

- RADAI-5 shall be used in user trials. Calculation is:

$$RADAI = \frac{(Q1+Q2+Q3+Q4+Q5)}{5}$$

- Disease activity categories (de: krankheitsaktivitätskategorien) according to the RADAI-5 which should be listed in the legend:

	Remission	mild	moderate	high
RADAI-5 value	0.0-1.4	1.6-3.0	3.2-5.4	5.6-10.0

- Morisky scale results shall be presented in form of a line graph. On mouse-over, the actual result (number between 0-4) should be shown and where it was taken (UDUS_Rh, RA_home, SLucia, PD_home). The header of this graph shall be 'Morisky Scale results', with the following interpretation:
 - 4 points = high compliance; 2-3 points = medium compliance; 0-1 = low compliance
- Well-Being (PD patients/Italy) ratings shall be shown as numbers between 1 - 5 (1= very bad, 2 = bad, 3 = OK, 4= good, 5 = very good) which shall be explained in the legend of all views).

Appendix 3: PICASO app Privacy Policy

October 2018

Privacy Policy

CNet Svenska AB built the PICASO App as a Free app (referred to as the “App”). The App is provided by CNet Svenska AB at no cost and is intended for use as is.

This page is used to inform visitors regarding our policies with the collection, use, and disclosure of Personal Information if anyone decided to use our Service.

If you choose to use the App, then you agree to the collection and use of information in relation to this policy. Any Personally Identifiable Information (PII) collected is used for providing and improving the App. We will not use or share your information with anyone except as described in this Privacy Policy.

Information Collection and Use

Data Controller

Data controller within the meaning of Art. 4 no. 7 of the EU General Data Protection Regulation ([GDPR](#)) is:

CNet Svenska AB, Svärdvägen 3A, 18233 Danderyd, Sweden

If you have questions regarding this Privacy Policy or if you want to exercise your rights regarding the processing of your personal data, please contact us at

info@cnet.se

For a better experience, while using the App, we may require you to provide us with certain personally identifiable information, including but not limited to non. The information that we request will be retained by us and used as described in this privacy policy.

The App does NOT use third party services that may collect information used to identify you.

Log Data

The App does NOT collect any log data.

Cookies

Cookies are files with a small amount of data that are commonly used as anonymous unique identifiers. These are sent to your browser from the websites that you visit and are stored on your device's internal memory.

This App does NOT use such cookies.

Service Providers

We may employ third-party companies and individuals due to the following reasons:

- To facilitate the use of the App
- To provide the App on our behalf

- To assist us in analyzing how the App is used

We inform users of this App that such third parties have NO access to any PII related data.

Security

We value your trust in providing us your Personal Information, thus we are striving to use commercially acceptable means of protecting it. But remember that no method of transmission over the internet, or method of electronic storage is 100% secure and reliable, and we cannot guarantee its absolute security.

Links to Other Sites

This App may contain links to other sites. We have no control over and assume no responsibility for the content, privacy policies, or practices of any third-party sites or services.

Changes to This Privacy Policy

This Privacy Policy may be subject to updates over time. You are advised to review this page periodically for any updated. We will notify you of any changes by posting the new Privacy Policy on this page. These changes are effective immediately after they are posted on this page.